

## NESST Newsflash

Hi Everyone,

Welcome to the NESST Newsflash. If you wish to unsubscribe to this Newsletter, please reply to this email and NESST will remove you from our mailing list. ☺

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## **NESST Regional Zoom**

Our next Regional CHSP Zoom will be held on **2 September 2021** at **10 am**

Zoom link to register - <https://us02web.zoom.us/j/84461212693>

If anyone has agenda items for upcoming forums or would like us to find information/speakers on specific issues, please let us know asap.

We still hope to have a face-to-face CHSP Forum planned for **17 November** in Nemingha at the Pavillion Function Centre.

## **NESST Free On-line Training Portal**

A certificate is emailed on completion. The portal is now available to all New England Aged Care providers and all community transport projects in NSW. Please share with your staff and volunteers:

<https://nesstbasictraining.thinkific.com/>

On this site you will find:

**An introduction to the Commonwealth Home Support Programme**

**Food Safety for Seniors**

**Dementia Basics**

**Duty of Care**

**Professional Boundaries**

**Confidentiality**

**An Introduction to Community Transport**

**Safe driving for Community Transport**

If you would prefer to host a paper-based group session we are happy to help. We can provide resources and send out certificates after completion.

## **COVID restrictions and Face to Face Training – NESST**

We have cancelled all face-to-face training while restrictions are in place in regional NSW. We are making efforts to adopt some training events to zoom and will keep you posted. We are watching the situation closely and responding accordingly. Thanks for your understanding.

## **Artful Toolkit**

This training will showcase the Artful toolkit from the Sydney Conservatorium of Art and provide hands-on creative activities for staff to explore for themselves what the processes of art can do to understand how this can best help their clients. The key benefits of the activities are:

- exercising individual agency
- building a sense of connection
- encouraging conversation
- encouraging memory recall
- increasing confidence
- using motor skills
- providing stimulation

Venue - Armidale Care for Seniors

Date - 10 September 2021 Time - 10 am to 3 pm

Link to register <https://www.stickytickets.com.au/G033F>

## **ACT Emergency Preparedness Training in Armidale**

Training on using the Get Ready ACT "A Collaborative Toolkit".

This tool assists home support providers to discuss basic aspects of client's emergency readiness, communicate key messages and refer to relevant emergency support services, where required.

Venue – NESST Office 2/87 Beardy St

Date – 9 November 2021

Time – 9.30 – 12pm

Link to register - <https://www.stickytickets.com.au/QGB9L>

## **Social Support Syndicate**

NESST is facilitating bio-monthly Social Support Syndicate Zoom meetings targeting those who are providing Social Support Group and Individual. We hope to provide a platform for you to come together and work collaboratively to share your ideas and activities to support and learn from each other.

Inaugural meeting Wednesday 28 July at 2 pm.

Please register: <https://us02web.zoom.us/meeting/register/tZUudO-ugTwtEt3IchVHQcK0d5TWstRpeXIF>

## NESST Regional CHSP Forum follow up

Our Regional CHSP Forum this week had great speakers. Below are links shared by PHN - Integrated Health Officer Ellen Meinel and Carers NSW Senior Policy & Development Officer Melissa Docker.

- PHN website <https://thephn.com.au>
- Patient resource page – used by GPs and clinicians for information for patients  
<http://patientinfo.org.au>
- Hunter New England Community HealthPathways (links to all referrals etc)  
<https://hne.communityhealthpathways.org/LoginFiles/Logon.aspx?ReturnUrl=%2f>
- Royal Commissions respite within consumer-directed services systems  
<https://www.carersnsw.org.au/uploads/main/Files/5.About-us/News/Repositioning-respite-within-consumer-directed-service-systems.pdf>

## New England Dementia Forum

Please find attached the programme for the New England Dementia Forum being held via Zoom on **Tuesday 31 August 2021**.

The Forum has 2 sessions (morning and afternoon) with a great line-up of presenters covering a wide range of subjects.

## Dementia Essentials – FREE - CHSCAGE005 Provide support to people living with dementia - Tamworth February 2022

This nationally accredited course is designed to assist workers supporting people living with dementia. Strategies are explored to assist with good communication, planning, developing appropriate activities and understanding behaviour in people living with dementia. Suitable for all staff working with or caring for people with dementia.

Dates 11, 18, 25 February 2022

Time: 9am – 3 pm

Cost: Fully funded

Email [Frances.Brown@dementia.org.au](mailto:Frances.Brown@dementia.org.au)

Phone: 02 88754664

## Aged Care Workforce Industry Council July Communiqué

The Aged Care Workforce Industry Council has released their July Communiqué, detailing progress on Strategic Action 6 of Australia's aged care workforce strategy, 'A Matter of Care'. For this and all communiques: <https://acwic.com.au/our-messages/>

## **FREE Training - Ageing and Disability Commission Website**

These training resources are designed to improve the detections and response to abuse, neglect and exploitation of older people and adults with disabilities in their family, home and community.

**Module one** is an introduction to the above and takes around 20mins. **Module two** will be released in the upcoming weeks and will **help organisations in strengthening organisations Policies and Procedures**, concerning workplace practice, creating reporting culture in the workplace and monitoring the effectiveness.

<https://www.ageingdisabilitycommission.nsw.gov.au/tools-and-resources/training>

## **Aged Care Reform Webinar Series**

The Department of Health is holding a series of webinars to share information about the aged care reforms announced in the 2021-22 Budget and in response to the Aged Care Royal Commission.

This week's webinars gave an overview of the reforms in service provision for the First Nations, Dementia and CALD groups. To view the recording or register for future webinars click [here](#)

## **Grandparent Alienation: Why it happens and what you can do.**

On-line 29 July 2021, 12:30 PM

Grandparent Alienation occurs when grandparents are denied access to their grandchildren. It can vary from not being invited to a birthday party right through to no access at all. This can occur over a protracted period of time.

Hear from experts and ask your questions as part of this informative discussion about a form of elder abuse that is on the rise. Find out more about what causes Grandparent Alienation and what resources, services and ultimately what solutions are available for families.

Join the Compass Webinar on Thursday 29 July and be part of the conversation with a panel who work with families dealing with Grandparent Alienation including elder law expert Associate Professor Susan Field, Antonios Maglis, Community Engagement and Capacity Building Officer at Pronia who works with older people from non-English speaking backgrounds, and Gabrielle Passlow from Relationships Australia QLD, who specialises in conflict resolution, mediation and family dispute resolution and community sector management.

[https://us02web.zoom.us/webinar/register/WN\\_ZUyG8EFPSEWXaLL5-DqMWw?mc\\_cid=49b68b9a76&mc\\_eid=11c9f5c315](https://us02web.zoom.us/webinar/register/WN_ZUyG8EFPSEWXaLL5-DqMWw?mc_cid=49b68b9a76&mc_eid=11c9f5c315)

## **Changes to CHSP Program Manual**

Copies of the revised seventh edition of the CHSP Program Manual and a companion document outlining the changes are now available for download from the [department's website](#).

## **The CHSP after the Royal Commission and the 2021 Budget**

Please join us online to hear the insights of one of Australia's leading aged care researchers, Professor Kathy Eagar of the Australian Health Services Research Institute at the University of Wollongong. Professor Eagar has had a celebrated career investigating both community and residential aged care and has presented expert testimony to the Royal Commission.

Flexibility and resilience are second nature to the CHSP. But where is the Program heading, now that the Royal Commission into Aged Care Quality and Safety has produced its final report, and the Australian Government has responded with its 2021 Budget? Will we see the CHSP keep bringing people together in new and innovative ways? Or will it disappear into individualised funding and package-based support?

Professor Eagar will give her unique perspective on the aged care system and the government's reforms, as well as what the future could hold for the CHSP. You are invited to share your thoughts and questions with Professor Eagar following her talk. If you have any specific questions you would like to ask now, which can be answered in the webinar, please submit them with your registration.

Time: **11am to 12pm**

Date: **28 July 2021**

Register online at: <https://bit.ly/3AA4x2J>

## **ACSA Effective Clinical Governance Workshop Series**

The Effective Clinical Governance Workshop Series enables your organisation to learn the key skills to ensure effective clinical governance and to understand the components required for an effective clinical governance system.

The workshops are designed for executives and managers delivering services including CHSP, Home Care and Residential Care, who are responsible for quality, compliance, clinical governance, clinical care, governance, and business operation.

Workshop Series Schedule:

Workshop 1: Clinical Governance Overview

Wednesday 18th August 2021, 1:00pm – 3:00 pm (AEST)

Workshop 2: Effective Quality and Risk Management Systems for Effective Clinical Governance

Wednesday 25th August 1:00pm - 3:00pm (AEST)

Workshop 3: - Clinical Leadership and Workforce Capability

Wednesday 1st September 1:00pm – 3:00pm (AEST).

<https://www.agedservicesworkforce.com.au/event/effective-clinical-governance-2/>

## Justice Connect - New webinars available

[Starting a Social Enterprise](#) - Tuesday 3 August, 12.45-2pm

[Understanding Your Not-for-profit's Constitution](#) - Tuesday 24 August, 12.45-2pm.

## Home Care Workforce Support Program

This is a forecast opportunity expected to be released soon. The purpose of this grant opportunity is to provide \$91 million to assist providers to attract, train and retain approximately 13,000 new personal care workers. The grant program is part of a 2021-22 Budget Measure for a new Home Care Workforce Support Program and will run over two years, commencing in the second half of 2021.

<https://www.grants.gov.au/Fo/Show?FoUuid=f44c7ebf-619a-4498-b0e3-fb89af5d865d>

## Workplace Cultural Awareness Training for the Aged Care Sector

Range of times. Cost: \$155

This 90-minute online training program for residential and community aged care sector employees (including Volunteers) will help build a supportive workplace by providing the practical skills, knowledge and tools to support and engage in an effective relationship with new employees, workplace trainees and students from a diversity cultural backgrounds. The workshop aim is to assist staff and volunteers (across all job roles) and create a cultural aware and inclusive workplace.

This session will look at developing a supportive workplace for employees from multi-cultural backgrounds to assist in improving team cohesion and create opportunities to improve cross-cultural care for residents.

**Presenter:** Megan McBaron, ACSA Workforce and Industry Development Officer

<https://www.agedservicesworkforce.com.au/event/workplace-cultural-awareness-training-for-the-aged-care-sector/>

## The top 3 AstraZeneca Questions are answered.

1. I'm booked in for my first dose of the AstraZeneca COVID-19 vaccine and I am under 60, what do I do?
2. I am 60 years or over, why is the AstraZeneca vaccine okay for me to have but not someone younger?
3. I've had my first dose of AstraZeneca, and have side effects that I am worried about, what should I do?

<https://www.health.gov.au/resources/videos/top-3-covid-19-vaccine-questions-astrazeneca-for-under-60s-over-60s-and-side-effects>

## **COVID-19 vaccination – Dr Karen Nicholls explains why you need two doses of your COVID-19 vaccine.**

In this video, Dr Karen Nicholls, Torres Strait Islander and General Practitioner, explains why it is important to have your second dose of the COVID-19 vaccine (short video).

<https://www.health.gov.au/resources/videos/covid-19-vaccination-dr-karen-nicholls-explains-why-you-need-two-doses-of-your-covid-19-vaccine>

## **Guidance for in-home and community aged care providers on reporting of COVID-19 vaccinations of the workforce**

The Australian Government announced the introduction of a new reporting tool for all approved providers of residential, in-home and community aged care services to report on the COVID-19 vaccination status of their aged care workforce (including volunteers).

The reporting will become a formal requirement for in home and community aged care providers in the coming weeks. All providers are strongly encouraged to start reporting now.

To access the new reporting tool on the My Aged Care Provider Portal, providers are advised to refer to the updated [My Aged Care Provider Portal User Guide: Part 1 Administrative Functions](#) which are available on the health.gov.au website. Section 2.6 (page 84) provides the steps to report on workforce COVID-19 vaccination status.

For further information go to: <https://www.health.gov.au/resources/publications/covid-19-vaccination-guidance-for-in-home-and-community-aged-care-providers-on-reporting-of-covid-19-vaccinations-of-the-workforce>

## **Healthy Ageing Survey**

The National Ageing Research Institute is conducting an [Australia-wide survey](#) to validate a new version of the Healthy Ageing Quiz, updated to include the most recent research on healthy ageing.

We would like to invite **all Australian residents aged 50 years or older** to participate in this survey. The survey will take approximately 20 minutes to complete, and you can go in the running to win one of three \$40 Coles gift vouchers.

The Healthy Ageing Quiz is a user-friendly self-assessment tool that has been helping older Australians increase their awareness of healthy ageing and maximise their current and future health since its release in 2010. By contributing to the development of the updated Healthy Ageing Quiz, you can help older Australians take action to improve their health.

The survey will close on 31st July 2021.



## **New Aged Care Act**

The new Act is intended to commence from 1 July 2023, subject to parliamentary processes. Drafting of the Act has already commenced with the establishment of a taskforce and will be informed by consultation with senior Australians and other stakeholders, including members of the new Council of Elders and National Aged Care Advisory Council.

The new Act will establish provisions for eligibility for care, funding arrangements and regulatory powers and will support greater choice and control for senior Australians over the care and services that they receive. The new Act is also said to include grant programs that can be tailored to address identified needs in the sector, including research to drive innovation, and programs to address areas with limited services or low client numbers once the Act is developed.

The budget for development of the new Act is \$26.7 million. Refer to the Fact Sheet:

<https://www.health.gov.au/resources/publications/governance-pillar-5-of-the-royal-commission-response-a-new-aged-care-act>

## **CRANA - Bush Support**

Toll-free 24hr Telephone Counselling every day of the year - call 1800 805 391 - for ALL remote health workers/service providers and their families <https://crana.org.au/support>

Bush Support provide a range of programs and resources to assist remote workers and their families in managing the stress of living and working in a remote location. The program includes an anonymous, nationwide 24-hour telephone debriefing and support service staffed by psychologists with remote experience.

## **Department of Health Updates**

Keep up to date – find all the updates here:

<https://www.health.gov.au/news/newsletters>